

## Packing list: what do I bring to Wilvaken?

Explorer session (7 days)

### Please label all items brought to camp

CLOTHING	FOOT-WEAR	
10 T-shirts	2 or 3 pairs of running shoes (tennis)	
2 or 3 sweatshirts	1 pair of water shoes for sailing/windsurfing/beach	
2 or 3 long sleeved shirts	1 pair rubber boots or waterproof shoes	
1 or 2 sweaters	1 pair of sandals	
1 jacket or wind breaker	1 pair of crocs or flip flops (for beach/shower)	
1 raincoat/jacket with hood and pants (no ponchos)	BEDDING AND LINEN	
4 pairs of shorts	1 sleeping bag (lightweight, synthetic fill, quick drying)	
4 pairs – pants: quick dry, jeans or sweatpants	1 blanket (optional)	
1 sun hat (for those sunny days!)	1 pillow	
3 swimsuits	1 pillow case	
2 pyjamas	1 contour sheet (single bed)	
1 bathrobe (optional)	3 - 4 towels for shower & beach	
<b>Lots</b> of underwear	1 laundry bag	
<b>Lots</b> of socks (1pr wool or smart wool socks optional)	<b>Please note that there is no laundry offered during the explorer 1 week session</b>	
Dressy clothes for dances and banquet		
MISCELLANEOUS & Optional		
Backpack – day pack or hiking	Flashlight with batteries	
Costumes from Halloween or plays - <i>optional</i>	Reusable water bottle	
Books	Sunglasses	
Games (not electronic) - <i>optional</i>	Insect repellent and sunscreen	
Camera - <i>optional</i>	Tennis racket and balls - <i>optional</i>	
Stationary (pre-addressed envelopes)	Fishing gear - <i>optional</i>	
Musical instrument - <i>optional</i>	Basket or bag for toiletries - <i>optional</i>	
Toiletries		
Soap and shampoo – Biodegradable is preferred	<b>Biodegradable products</b> Biodegradable wash products are essential to help protect our ecosystems. This awareness is part of the Wilvaken experience. Too much perfume in your products = more bugs!	
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Toothbrush, tooth paste, tissues</td> <td style="width: 50%;">Hair care products, brush/comb, sanitary products</td> </tr> </table>		Toothbrush, tooth paste, tissues
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## Please note

**PFD OR LIFE-JACKET is required as approved by the Canadian coast guard or equivalent & fits your child**

**Life jackets must be brought to camp.** Wilvaken has a limited supply, so we ask parents to purchase one that fits their child. If campers arrive without one, they will be assigned a life jacket that will be used for the duration of their stay.

## What not to bring to camp?

**Cellphone, tablet, electronic games** – Our technology policy is there to disconnect! We ask parents to support this effort. Speak with your children about this before they arrive at camp! If not left with the parents, all technology will be collected and kept safe until departure day.

**Aerosol cans** - For bug spray, sunscreen, etc. Aerosol cans are bad for the environment.

**Candy & other snacks** - This policy is in place to avoid animals and insects entering cabins. As well, we must consider camper allergies. All food will be collected and stored upon arrival.

**Cash, jewelry, items of value** – if necessary, we will keep these items in our office until departure day.

**The right luggage** – We recommend to use a duffel bag or large hockey-style bag as they can be folded when empty. Cabins do not have space for hard suitcases or bins.

**Wilvaken is not responsible for lost or damaged personal articles, nor for any valuables which are not left in safekeeping at our office.**

## Some suggestions:

- Every camper has a large drawer to store all their items. There are hooks in the cabin for towels, coats, etc.
- Pack with your campers! This way, they know everything that they've brought with them to camp!
- Keep a copy of the list and write down any specifics of what was packed. Send it to camp with them
- Explain what to do with dirty laundry: teach them how to use their laundry bag
- Label your luggage – they all look similar, and you will not be there to help pack at departure!
- We play outside, even in the rain. Clothing can get dirty, stained, torn, or sometimes forgotten. Please avoid packing items that are extra special for your kids
- In case of an accident, or no more clean clothing, we will offer laundry service with a fee.

## International Campers

For those arriving by plane, Wilvaken can supply you with:

Pillow

Sheets

Towels

Sleeping bags

Life jacket

These items are available as long as we are advised ahead of time. There will be a small fee for their use. Please let us know a week before arrival if your child will need anything.

**Passport & other travel items (cash, phone, etc)** – will be kept in safekeeping at the office.